

PA HealthCare Credit Union

Improving Your Financial Health

The PA HealthCare Credit Union contributes to the financial success of our members.

Agenda

- Welcome & Introduction
- Overview
- Background
- How's Your Financial Health?
- Where to Begin?
- What Did You Do?
- Show Me the Money
- I Just Have to Have this
- Develop a Plan & Work the Plan
- Putting it All Together
- Question & Answer

Welcome & Introduction

- The PA HealthCare Credit Union is proud to sponsor this event to better educate members and non-members alike on how to improve one's financial health.
- Paul Fero is the CEO of the PA HealthCare Credit Union and is also part of the Adjunct Faculty of Robert Morris University, LaRoche College and the University of Phoenix teaching in areas of Economics and Finance.
- **DISCLAIMER:** The views, comments, suggestions, and/or recommendations are solely the views of the speaker and not necessarily that of anyone affiliated, directly or indirectly with the PA HealthCare Credit Union.

How's Your Financial Health?

- Just like your physical health...if you don't monitor and take care your of financial health, problems may arise.
 - Do need more than 1 job to make ends meet?
 - Do you count on overtime, etc. for monthly payments?
 - Do you have any savings for emergencies?
 - Do you know how you spend your money?
 - Do you payoff your credit card balances each month?
 - How many credit cards and bills do you have?

Where to Begin?

- You can't begin to improve your financial health without first determining what condition you are in.
- It comes down to 3 areas
 - History – You can't change the past but you can try and figure what not to do and work your way back
 - Income - Nobody ever has enough
 - Spending – Determine needs versus wants

What did you do?

- They say...you can't change the past but you can change the future.
 - You can't move forward without realizing the mistakes we have made in the past. Everyone makes mistakes...Some just bigger than others
 - Determine what you got you into the condition you're in. The Good, The Bad, and The Ugly. Be Honest
- Recommendation
 - New Rule...those mistakes you did make, try not to make them again

Show Me the Money...

- Income – As the saying goes...money doesn't grow on trees
 - Not making enough...make more.
 - Do you rely on Overtime, Extra Pay etc. to make regular bill payments?
 - Don't have enough income?
- Recommendations
 - Always work from after tax pay amounts
 - Take a second job
 - Work the Overtime, Extra Pay – Set aside these amounts as Savings

I Just Have to Have This...

- Spending
 - How much of what you earn and on what?
 - Any “bad” habits you can quit?
 - Look at alternatives?
- Recommendations
 - Stop using credit cards
 - Don’t use cash for purchases, use a debit card and track your spend and put together a budget and plan for big purchases
 - Determine a want versus a need
 - Alternatives such as eating in versus eating out

Develop a Plan & Work the Plan...

- Develop a Plan
 - History – Get all the bills together and tally them up – focusing on amounts, interest and fees
 - Stop using credit cards...use a debit card
 - Payoff accounts with small balances and close those accounts.
 - Always pay more than the minimum payment – consider 2 or 3 times the amount or more
 - Consider consolidating some for a smaller payment and lower interest rate
 - Payoff and close accounts leaving 1 or 2 major credit cards and that's it
 - Make a detailed budget to include emergencies and when done with the past amounts, use the same amount and put into savings

Putting it All Together

- Review where you've been, what you got and develop a corrective action plan
- Be Disciplined
- Realize this will be a process and not an event
- When you're done – Celebrate (gently)
- If you need some help...stop by the Credit Union and I will be glad to help



Questions & Answers

- Q & A